

HOSA team attends event in Sioux Falls



Courtesy Photo
HOSA (Health Occupation Students of America) team traveled to Sioux Falls. Alexis Hamar placed 1st in Personal Care and Andi Stone placed 2nd in Epidemiology. Hamar and Stone will go to Nashville in June.

Track Results for the Douglas Track



Matt Gade / Journal Staff
Kadoka Area's Rebecca Shuck clears 5 feet, 2 inches to win the high jump during the Douglas Early Bird Invitational on Saturday in Box Elder. Shuck tied the school record for girls high jump.

The Kadoka Kougars were at Douglas this past weekend for track. The day was sunshine with some wind making it a little chilly.

- GIRLS HIGH SCHOOL**
- 100 Meters**
1. Matayah Yellow Mule; 12.85; Rapid City Central
 2. Jayda McNabb; 12.87; Rapid City Stevens
 3. Jordyn Larsen ; 13.02; Custer
 31. Jozi Schuchard; 14.48; Bison
 45. Sydney Sobolewski; 15.37; New Underwood
 46. Hailey Wright; 15.44; New Underwood
 52. Kallie Flint; 15.92; New Underwood
 57. Lily Sobolewski; 17.21; New Underwood
 58. Allie Madsen; 17.58; Kadoka Area
- 200 Meters**
1. Jayda McNabb; 27.08; Rapid City Stevens
 2. Carsyn Mettler; 27.37; Rapid City Stevens
 3. Sofie Guthmiller; 27.61; Spearfish
 15. Portia Wiebers; 28.78; New Underwood
 28. Dacoda Harry; 30.62; Philip
 32. Morgan Sammons; 30.82; Philip
 43. Reeve Schuchard; 32.20; Bison
 46. Hailey Wright; 32.41; New Underwood
 49. Rainee Snyder; 32.79; Philip
 57. Lily Sobolewski; 35.91; New Underwood
 61. Allie Madsen; 37.58; Kadoka Area
- 400 Meters**
1. Novali Dinkins; 1:02.85; Sturgis Brown
 2. Josie Tobin; 1:03.00; Spearfish
 3. Gracin Larson; 1:03.36; Rapid City Stevens
 11. Drew Terkildsen; 1:07.34; Philip
 19. Mattisen Reckling; 1:09.94; Philip
 22. Quinn Terkildsen; 1:11.08; Philip
 23. Mandie Chambliss; 1:11.64; New Underwood
 26. Madilyn Wulf; 1:13.81; New Underwood
 29. Alyssa Scott; 1:15.25; New Underwood
 31. Hana Schofield; 1:15.87; Philip
 32. Olivia Carmichael; 1:15.97; New Underwood
- 800 Meters**
1. Jade Ecoffey; 2:24.75; Red Cloud
 2. Peyton VanDeest; 2:26.50; Spearfish
 3. Abby Cutler; 2:32.22; Hill City
 15. Presley Terkildsen; 2:45.52; Philip
 21. Alyssa Scott; 2:56.59; New Underwood
 23. Madilyn Wulf; 2 :59.27; New Underwood
 25. Olivia Carmichael; 3:01.04; New Underwood
 28. Ali Schofield; 3:04.92; Philip
 29. Rosemary Wiechmann; 3:05.03; Bison
- 1600 Meters**
1. Hailey Uhre; 5:14.08; Rapid City Stevens
 2. Brionna Holso; 5:14.52; Rapid City Stevens
 3. Peyton VanDeest; 5:16.14; Spearfish
 15. Presley Terkildsen; 6:02.71; Philip
 24. Reeve Schuchard; 20.64; Bison
- 300m Hurdles-30"**
1. Anna Hoffman; 48.61; Spearfish
 2. Claire Fierro; 50.46; Rapid City Stevens
 3. Sylvie Mortimer; 51.04; St. Thomas More
 6. Portia Wiebers; 51.64; New Underwood
 34. Reeve Schuchard; 1:02.10; Bison
- 4x100 Relay**
1. Rapid City Stevens; 51.74
 2. Rapid City Central; 51.92
 3. Rapid City Stevens; 52.52
 11. Philip; Alyn Spry, Rainee Snyder, Josie Jones, Ember Gabriel; 58.74
- 4x200 Relay**
1. Rapid City Stevens; 1:50.14
 2. Hill City; 1:51.75
 3. Spearfish; 1:52.26

- 4x400 Relay**
1. Rapid City Stevens; 4:3.25
 2. Sturgis Brown; 4:17.06
 3. Custer; 4:17.76
 10. Philip; Quinn Terkildsen, Josie Jones, Drew Terkildsen, Mattisen Reckling; 4:51.42
- 4x800 Relay**
1. Hill City; 10:37.30
 2. Philip; Presley Terkildsen, Mattisen Reckling, Drew Terkildsen, Quinn Terkildsen; 11:08.13
 5. New Underwood; Madilyn Wulf, Mandie Chambliss, Alyssa Scott, Olivia Carmichael; 11:33.60
- Shot Put**
1. Kellyn Kortmeyer; 41-06.00; Custer
 2. Cassidy Moody; 33-10.25; Hill City
- Discus**
1. Kellyn Kortmeyer; 143-03; Custer
 2. Alice Sedlacek; 119-00; Custer
 3. Lanie Blair; 114-04; Kadoka Area
 12. McKenna McIlravy; 89-09; Philip
 13. Rebecca Shuck; 89-06; Kadoka Area
 24. Landyn Koehn; 75-06; Kadoka Area
 43. Addison Larson; 60-01; New Underwood
- 3. Torri Virtue; 33-07.25; Custer**
9. Lanie Blair; 30-04.25; Kadoka Area
15. Landyn Koehn; 28-03.00 Kadoka Area
20. Ember Gabriel; 26-03.25; Philip
24. McKenna McIlravy; 25-09.00; Philip
33. Alyn Spry; 24-11.00; Philip
41. Addison Larson; 22-07.00; New Underwood
52. Hailea Rudland; 18-04.00; New Underwood

Prom crown bearers



Courtesy Photo
Prom 2022 crown bearers: Elijah Lukens, Kestin VanderMay, Rainie Patterson, and Paisley Salten.

GUESS WHO?

I am a retired football player born in Tennessee on May 28, 1986. I struggled to find food and shelter as a child. I was adopted by a loving family who helped me start my football career. My life inspired a book and subsequent movie.

Answer:
Michael Oher

The Kougar Column

Robert Lukens - MS/HS Principal

Hello Kougar Area,
For the past couple of weeks, I have talked about the activities of spring in schools on the administrative side: hiring and state testing. Thirdly, this series will talk about career development and how we attempt to help our students down the correct path for future success. The need for summer jobs, skill development, and career exploration in our young teens is essential for their long-term success. At Kadoka Area, we address this in a few ways within our school and extracurricular activities.
Not including our CTE courses, which have been extolled in previous columns, encouragement for summer development is an integral part of the education game, playing a crucial role in developing skills in the later years of high school. First and foremost, our curriculum involves our students in their first high school year in a course, Career Explorations, to aid that process. This class builds around the South Dakota CTE Career Clusters and hopes to start the process of students recognizing and inquiring themselves about the strengths and weaknesses they have in the careers they see in the current economy. Many stu-

dents will enter the job market for the first time during the summer after their ninth-grade year (age 14 through 16). Our students are allowed to apply the work of their classes directly in their time over the summer and usually see good results in landing a position. Research shows that many youths who apply for summer jobs will usually successfully find one because of their affordability relative to more experienced workers. We hope this beginning training in skill recognition help students build confidence as they come of age in the working world.
Next is the support of our extracurriculars and our coaches. Almost all of our coaches have some summer program that comes in spring meetings for their sport or activity. Future Farmers of America continue to develop range and weed science skills that make them so successful as a club. Sports teams will seek out the competition, and weight rooms will be constantly available. Those that put in the constant effort to improve will be able to add their success on the court to their resume, and it will stand out.
I was involved in coaching college basketball in my previous life,

and our graduates who entered professional schools such as medical, optometry, and dentistry did not have perfect GPAs. Still, they did have a resume that included success in their activity, and in all cases, they were granted entry on the first try. The automatic entry doesn't speak against our professional schools but speaks to skills that come with constant success in activities. This impression is positive when coupled with a victory in the classroom for those crafting post-secondary student bodies.
Colonel Sanders and his famous chicken didn't come from thin air. Sam Walton's discount retail ideas weren't his first job. It came from recognizing strengths and honing in on what they did to finally find a calling in life. Through our CTE courses, our entry-level encouragement of skill recognition, and our extracurricular commitment, we hope to see a significant payoff in our workforce as the decades pass. We can look back and know our student has a better life and a better track because of the programs we have in place.

In support of the Kougars,
Robert Lukens

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